

Putting your Support Plan into action – living your life

How long will it take?

This will depend upon the kind of things you have chosen to use your Personal Budget for and how long they take to set up. If you need support immediately the Council will make sure that this is in place whilst your Support Plan is being set up.

What else might need to happen?

If you have chosen to have any of your Personal Budget as a Direct Payment, you will need to sign a Direct Payment Contract with the Council which sets out some of the detail for receiving the money.



If you have chosen to have an Individual Service Fund there will be a separate 3-way agreement that needs to be signed between you, the Council and your chosen service provider organisation.

“My Personal Budget has made a huge difference. The difference between existing and really living, between getting care and being able to do the things you would like to.”

“Before she had a Personal Budget my mum was getting kept alive but didn't get to live.”

Ongoing Support and dealing with changes – flexibility to make changes



Life is full of changes and no Support Plan will be able to include every eventuality as things happen that we could never have predicted. Personal Budgets are intended to be flexible and responsive to your changing situation so that you don't have to come back to the Council to agree every little change that you need to make.

There will be some things that change your Support Plan so much that it will just need someone to agree those changes. As a general rule, as long as the outcome is still being met you should be able to make changes without needing them agreed. For example, your Support Plan may show that you will go swimming once a week; but one month you have a cold and decide instead to go to a relaxation or yoga class for the same cost. The outcome – your wellbeing – is the same.

Personal Budgets are flexible enough for you to respond to unforeseen changes and unpredictable situations. Small changes to your support plan can be made without having to inform the Council as long as the outcome is still being met. If you need advice talk to the First Point of Contact team for Adult Social Care on 0345 678 9044

For more information about My Life My Choice, Self Directed Support in Shropshire and the services that are provided by the Council go to www.shropshire.gov.uk On the website you will find a number of helpful guides and leaflets that are available to download for free.

For help with social care emergencies that occur outside of office hours contact The Emergency Duty Team on 08456 789040

You can also get a copy of the leaflets, guides and other information produced by the Council from your Care Manager, local Customer Service Points or by calling this number 0345 678 9044