



## Arts and Health

Artists and health professionals from the region met at the Gateway Arts and Education Centre, Shrewsbury, on Friday 31 March for a one day event, organised by Shropshire Arts Partnership, about how arts activities can make a positive contribution to health related issues.

Sue Goodwin, Senior Arts Development Officer for Shropshire County Council said 'we believe that this is the first time that so many artists and health professionals have come together to talk about this subject in Shropshire. We were delighted that so many people came and we hope that the feedback from the event will inspire further discussion and activity.'

During the day the delegates took part in a variety of exciting hands-on activities including a walk for health, theatre and art workshops, felt making, artists showcases and a project promoting healthy eating.

The day was opened by Councillor Barbara Craig, Shropshire County Council's Portfolio Holder for Community Services who said 'this was a fun event thoroughly enjoyed by many of our partners and colleagues even if it was at the end of a pirate's sword! Underlying all the activities on the day though, was an important message about using the art and theatre workshops to bring about real improvements to healthcare across Shropshire and Telford and Wrekin.'

The Arts and Health Day was organised by the Shropshire Arts Partnership, which includes arts officers from Shropshire County Council, Telford & Wrekin, Bridgnorth District Council, Shrewsbury and Atcham Borough Council and South Shropshire District Council with the support of Arts Council England West Midlands.

For further information please contact Sue Goodwin on 01743 255078