

## How to find us:

Helena Lane is 1 mile north of Ludlow town centre and the railway station. Access from the A49 (Ludlow by-pass) onto Henley Road, turning right off Henley Road onto Dodmore Lane at St Peter's Church. Turn right onto Hamlet Road. Helena Lane is situated at the end of Hamlet Road.

## Contact Details:

Reception (room bookings/enquiries)	01584 871400
Café and catering enquiries	01584 871445
Hairdresser	01584 878323
(Mobile)	07779 925970
Reiki Treatments	01584 890284
Independent Living Centre	01743 210820
Fall Prevention Clinics	01584 872201

## Enquiries:

For any enquiries or if you would like more information about Helena Lane and the service we offer call us on 01584 871400



## Vision Technology and Training Shropshire at Helena Lane

Helena Lane  
20 Hamlet Road  
Ludlow  
Shropshire SY8 2NP



Tel: (01584) 871420

Fax: (01584) 871401

[www.shropshire.gov.uk](http://www.shropshire.gov.uk)

## ***Visit Helena Lane***

The building is a purpose built resource centre providing a wide range of services for people in the community.

In August 2011 the Vision Technology and Training Shropshire was relocated to Helena Lane.

The VTTS are situated in a fully accessible ICT suite and provide specialist equipment including a range of computers with access software (magnification/screen readers), Voice Activation software, computers with easy to use menus, magnification/screen reader, large keyboards and portable electronic magnifiers together with individually designed computer training courses, help and advice for people with a visual impairment to regain their independence.

Highly experienced ICT trainers offer one to one tuition and support with suitable resources such as large print, Braille and audio CDs.

There is an opportunity to use technology to communicate through email and internet or learn to switch on a computer and just get typing.

Anyone can contact us if they feel that they or someone they know would benefit from an assessment for ICT training, specialist equipment or to enquire about our services. Social Care, Health Service Professionals or Educational Establishments can also put you in touch with us.

We also offer assessments on low vision equipment and advice and information relating to visual impairments and organisations such as RNIB, Shropshire Voluntary Association for the Blind and the services they provide.

## ***Helena Lane Café***

Helena Lane Café is open to the Public and Service Users from 10am until 2.45pm Monday to Friday, offering light snacks, hot beverages and a selection of homemade cakes. A hot lunch is served from 12noon to 2pm. The café can also provide hot or cold Buffets for small private parties and Laptops are available for use in the Café area.

The meals start at £3.00 for service users, which include a main course and dessert. Menus are varied and offer a wide range of food to suit all tastes and dietary needs.

## ***Other facilities at the Centre***

- Meeting Room Hire: contact Helena Lane Reception on 01584 871400 for information and booking. The Meeting Room has disabled access, refreshment facilities and air conditioning.
- Hairdressing Salon – open to both the Public and Service Users
- IT facilities including Internet Café – Wi Fi access which is available to both the Public and Service Users
- Extend Exercise Classes and a range of exercises for health and well being of Service Users
- Falls Prevention Sessions
- Reiki Treatment
- Physiotherapy Suite
- Independent Living Centre Satellite Service which offers Occupational Therapist Assessments and equipment

The Meeting Room is used by many Community Groups including U3A and a Knit and Natter Club and we have a free car park next to the building.