

Early Help Parenting Team Training Offer 2019 *Understanding Children's Behaviours*



Contact Us:

For further information about the Parenting Team please contact us:

Tel: 01743 250950 E-mail: <u>parenting.team@shropshire.gov.uk</u>

Shropshire Council Early Help Parenting Team

We are a small team of trainers and practitioners who come from backgrounds which include safeguarding, health and education and between us have years of experience and expertise in supporting families in understanding and managing their children's behaviours.

As well as our training offer for professionals who work with families, we offer a targeted early intervention service, providing direct one-to-one and group support to parents. We also support the wider provision of universal and targeted 'Understanding Your Child' and 'Understanding Your Teen' groups and workshops across Shropshire.

This brochure provides an overview of some of the range of training offered by the Parenting Team. It is illustrative and doesn't include all that we can offer. Please contact us to discuss your requirements, we would be happy to tailor our training to meet your needs.

What professionals have said about our training:

'Very motivating and looking forward to putting this in to practice.'

'Very informative course, I feel that I understand the kids I work with a lot better now.'

'Really useful and thought provoking.'

'One of the best training sessions I have ever been on, relaxed, all very informative and relevant.'

'I never knew the teenage brain was doing all that, really helpful for my work, but also great to know as a mum!'

'The training has made me think differently about how I support families, a great day, thank you.'

Understanding Children's Behaviours - Parenting Team

All training is free to all Shropshire Council, Children's Services employees

Title and Description	Phase	Course	Duration/	Doto(a)	Location	Cost (per delegate/session)	
Title and Description	Filase	Leader	Time	Date(s)		Pay as you go	Credits
Solihull Approach - Foundation Training Target audience: Professionals who work with families, infants, children and young people. The Solihull Approach is a highly practical way of working with families within a robust theoretical structure. It explores the quality of the parent-child relationship and how this is crucial to the way the brain wires itself, impacting upon the child's ability to regulate their own emotions and behaviours. It has a major contribution to make to the ways in which practitioners can work with families to ensure that children have a good emotional start and support throughout childhood.	X	Nadine Last	2 x FD	07/02/19 & 13/02/19 Or 24/09/19 & 2/10/19	Shrewsbury	£100 per attendee for all Shropshire maintained schools, nurseries and academies. £100 per attendee plus the cost of the course resource (£80) for all other agencies.	2.5 (Shropshire) 4.5 (to include resource for all other agencies)
Solihull Approach - Group Facilitation Training Target audience: Professionals who have attended the Solihull Approach Foundation Training. This will enable the delivery of a 10 week— Understanding Your Child/Teen — parenting group, to enable understanding and management of children's behaviour and promote reflective, sensitive and effective parenting. The training is designed to help delegates develop a way of relating to their group that promotes effective and sensitive practice.	X	Nadine Last	FD	21/03/19 Or 03/12/19	Shrewsbury	£80 per attendee for all Shropshire maintained schools, nurseries and academies. £80 per attendee plus the cost of the course resource (£100) for all other professionals.	2 (Shropshire) 4.5 (to include resource for all other professionals)
NEW - Solihull Refresher Course Target audience: Professionals who have attended the Solihull Approach Foundation Training. This training will be a revision of previous Solihull Approach Foundation training, for professionals who have not engaged with the approach for some time or who would like the opportunity to revisit some of the theory underpinning the approach.	Х	Nadine Last	FD	06/03/19 Or 12/11/19	Shrewsbury	£60	1.5

Title and Description	Phase Course Duration/ Time Date(s) Location	Course	Duration/	Dato(s)	Location	Cost (per delegate/session)	
Title and Description		Location	Pay as you go	Credits			
NEW - Understanding Children's Behaviour – The Solihull Approach Target audience: Professionals who work with families, infants, children and young people. This training explores the quality of the parent-child relationship and how this is crucial to the way the brain wires itself, impacting upon the child's ability to regulate their own emotions and behaviours. It will allow practitioners to understand how some behaviour has evolved in children and better equip them to reflect, understand and manage these behaviours.	X	Nadine Last	FD OR 2 x TWI	Dates and times to be negotiated to suit the needs of the school	School-Based	£280	7
Understanding the Teenage Brain Target audience: Professionals who work with families, children and young people. The brain goes through a period of development in the teenage years providing an opportunity for change. This can be a challenging time for both teenagers and their families. This session considers brain changes and the potential impact during this time and how we can support our young people and their families.	X	Nadine Last	AM	12/03/19 Or 18/9/19	Shrewsbury	£40	1
			3 Hours	Dates and times to be negotiated to suit the needs of the school	School-Based	£160	4

Title and Description	Phase	Course	Duration/	Doto(s)	Location	Cost (per delegate/session)	
Title and Description	Leader Time		Date(s)	Location	Pay as you go	Credits	
NEW - Understanding Attachment Target audience: Professionals who work with families, infants, children and young people. This training will provide an overview of attachment theory. It will apply attachment theory to practice and improve your understanding of relationships within families, which might provide an explanation for some behaviour that you see. It aims to provide fuller understanding of what a child is experiencing, what a family needs, and help you to structure your thinking. The training will NOT equip you to provide a definitive diagnosis of an attachment disorder. This requires specialist training.	X	Nadine Last	FD	15/10/19 Or 21/11/19	Shrewsbury	£60	1.5
			FD OR 2 x TWI	Dates and times to be negotiated to suit the needs of the school	School-Based	£400	10
NEW - Understanding the Impact of Trauma and Neglect Target audience: Professionals who work with families, infants, children and young people. This training will focus on the needs of professionals to understand and develop extended knowledge and practice strategies to support children with a history of	lies,	Nadine Last	FD	15/05/19 or 11/06/19	Shrewsbury	£60	1.5
trauma, neglect and complex needs. Adverse childhood experiences are more common than identified, acknowledged or diagnosed and many of these have a misdiagnosis or additional diagnosis of Autism or AD(H)D. These children will present with complex and confusing behaviours that are difficult to understand and manage.	cet and complex needs. Ihood experiences are more common d, acknowledged or diagnosed and many e a misdiagnosis or additional diagnosis of (H)D. These children will present with confusing behaviours that are difficult to		FD OR 2 x TWI	Dates and times to be negotiated to suit the needs of the school	School-Based	£400	10

To book a place on a course or to make an enquiry please contact us:

Tel: 01743 250950 E-mail: <u>parenting.team@shropshire.gov.uk</u>

Early booking is advised as spaces are limited.

To book a site-based training please submit the training request form at the back of this brochure.

Courses will not go ahead if we do not meet a minimum number; delegates will be informed of this decision 2 weeks prior to the planned date.

Parenting Team Training Request Form

Please complete and return this request form as early as possible to ensure that we can accommodate your training needs.

Please send your completed form to: Parenting.Team@shropshire.gov.uk

Organisation Information:

Name of Training	Cost of Training	
Course Required	Course Required	
Contact Name	Approximate	
(Member of staff	number of	
taking responsibility	attendees for the	
for the training)	course	
Full Address	Preferred dates of	
	Training Course (To	
	be confirmed by the	
	Parenting Team)	
Venue & Room for	Preferred time for	
the Training Course	the Training Course	
Purchase Order	Any special	
Number	requirements	

Equipment:

Please list what equipment is available (i.e. projector, speakers, flipchart stand, etc.)				

Confirm Order Requirements:

Name	Order No/Cost Centre (if applicable)	
Signature	Date	