



SHROPSHIRE HEALTH AND WELLBEING BOARD Report

Meeting Date	19 th May 2022			
Title of Paper	Healthy Lives update			
Reporting Officer	Val Cross, Health and Wellbeing Strategic Manager			
Which Joint Health & Wellbeing Strategy priorities does this paper address? Please tick all that apply	Children & Young People	x	Joined up working	x
	Mental Health	x	Improving Population Health	x
	Healthy Weight & Physical Activity	x	Working with and building strong and vibrant communities	
	Workforce		Reduce inequalities (see below)	x
What inequalities does this paper address?	The Health Inequalities Plan is a regular agenda item at Healthy Lives meetings and is reference in this report.			
Risk assessment and opportunities appraisal (NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)	There are no risks identified in this update report			
Financial implications (Any financial implications of note)	There are no financial implications identified in this update report			
Climate Change Appraisal as applicable	Not applicable			
Where else has the paper been presented?	System Partnership Boards			
	Voluntary Sector			
	Other			
List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)				
Cabinet Member (Portfolio Holder) or your organisational lead e.g. Exec lead or Non-Exec/Clinical Lead (List of Council Portfolio holders can be found at this link: https://shropshire.gov.uk/committee-services/mgCommitteeDetails.aspx?ID=130) Cllr Simon Jones, Portfolio Holder for Adult Social Care and Public Health				
Appendices				

Report

Summary

This paper provides a brief update on Healthy Lives, which is the prevention programme of the Health and Wellbeing Board (HWBB).

It describes what work has taken place since the Healthy Lives Steering Group reformed in February 2022, after a hiatus following the COVID pandemic. This includes: updating documentation, agreeing the priorities from the Shropshire Joint Health and Wellbeing Strategy (JHWBS) to progress and receiving presentations and reports related to the priorities.

Recommendations

That the Health and Wellbeing Board receives this update for information.

Report

Healthy Lives is the name of the multi-agency prevention programme of the Health and Wellbeing Board. It is a proactive and reactive programme, with representation from health, social care and voluntary and community sector partners.

Healthy Lives Steering Group meetings re-started in February 2022, following a hiatus due to the COVID-19 pandemic. The meetings are chaired by Berni Lee, Consultant in Public Health at Shropshire Council, and the group meets monthly.

Meetings so far have focussed on:

Updating and agreeing the purpose of the group

As detailed below:

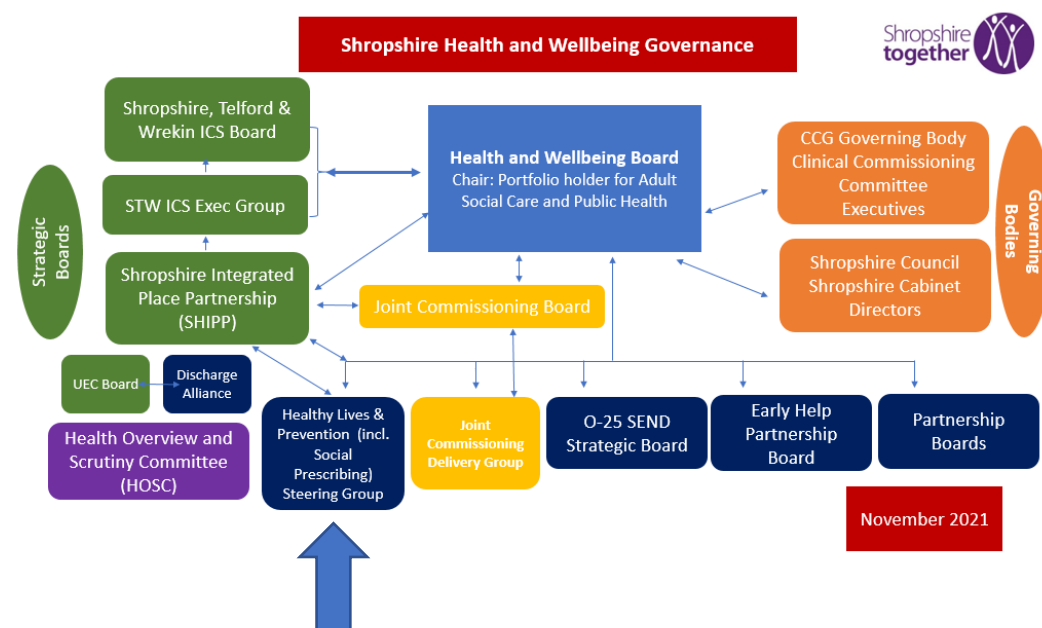
Healthy Lives has a focus on preventative health, which is key to stop people becoming ill in the first place, or help people manage their health condition and stop it getting worse. Evidence base is used in all work.

Shropshire, Telford & Wrekin Integrated Care System (STW ICS), Shropshire Integrated Place Partnership (ShIPP) and Healthy Lives have several shared priorities, (see appendix A) and Healthy Lives is one of the mechanisms to ensure that the preventative programme elements including Social Prescribing, Healthy Weight and Physical Activity, food insecurity, Trauma Informed Approach, Mental Health, Killed and Seriously Injured (KSI) on Roads and Health Inequalities come together and move forward.

Combining as a system upstream helps to make best use of resources in terms of, human - the skills mix and experience of its members, monetary - through prevention of disease and ill-health and communication – collective aims which the public can understand and relate to and avoidance of duplication of work.

Updating the governance and reporting structure

Healthy Lives reports to the Shropshire Health and Wellbeing Board.



Agreeing the priorities from the Shropshire Joint Health and Wellbeing Strategy (JHWBS) to progress

These are which the Healthy Lives Steering group will collaborate to progress and receive reporting on:

- Social Prescribing
- Healthy Weight and Physical Activity – including the upcoming Healthy Weight Strategy
- Shaping Places for Healthier Lives food poverty project
- Children and young people – Trauma Informed Approach (which incorporates workforce and mental health priorities)
- Mental Health – Suicide Prevention and all age mental health
- Health Inequalities – the Health Inequalities Plan
- Killed and Seriously Injured (KSI) on Roads

The Shropshire Joint Health and Wellbeing Strategy strategic priorities of joined-up working, improving population health, reducing health inequalities, working with, and building strong and vibrant communities, are integral and cut across these key and other priorities.

Other priorities identified in the JHWBS will be reported on at Health and Wellbeing Board meeting.

Receiving presentations and reports related to the priorities

Updates on progress of the priorities, as well as linking work from partners such as libraries and Marches Energy Alliance are essential in making partner connections and moving work forward. Presented at meetings so far include:

- Social Prescribing updates
- Trauma Informed Approach presentation which included work happening through the steering group. This will be reported more fully at the July HWBB meeting.
- Food poverty: Shaping Places update and Healthy Start
- Healthy weight strategy consultation update

- Health Inequalities Plan
- Children and Young People and the role libraries play in literacy
- Marches Energy Alliance - Fuel poverty

Programme Management

Purpose and governance have been updated and agreed, and a forward agenda plan is in place. The working action plan is currently being developed and will be discussed and agreed at the next Healthy Lives meeting in May.