



SHROPSHIRE HEALTH AND WELLBEING BOARD Report

Meeting Date	19 th January 2023			
Title of Paper	Healthy Lives update			
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Which Joint Health & Wellbeing Strategy priorities does this paper address? Please tick all that apply	Children & Young People	X	Joined up working	X
	Mental Health	X	Improving Population Health	X
	Healthy Weight & Physical Activity	X	Working with and building strong and vibrant communities	X
	Workforce	X	Reduce inequalities (see below)	X
What inequalities does this paper address?	Addressing inequalities is integral to the Healthy Lives programme and is reflected in all the work programmes.			

Paper content - Please expand content under these headings or attach your report ensuring the three headings are included.

Executive Summary

This paper provides a brief update on Healthy Lives, which is the prevention programme of the Health and Wellbeing Board (HWBB). It summarises update reports which have come to the Healthy Lives meeting, and outcomes and actions from the discussions.

Healthy Lives has a focus on preventative health, which is key to stopping people becoming ill in the first place, or helping people manage their health condition and stop it from getting worse. Evidence base is used in all work.

Shropshire, Telford & Wrekin Integrated Care System (STW ICS), Shropshire Integrated Place Partnership (ShIPP) and Healthy Lives have several shared priorities, and Healthy Lives is the delivery arm of the HWBB and ShIPP, where partners come together to ensure the Joint HWB strategy is implemented. These preventative programmes include Social Prescribing, Healthy Weight and Physical Activity, food insecurity, Trauma Informed Approach, Mental Health, Killed and Seriously Injured (KSI) on Roads and Health Inequalities.

Access to health information for people who do not speak English as a first language is also a recent addition for an area of focus.

The Healthy Lives steering group meetings, which are held monthly, are not just a forum for providing updates. All members demonstrate genuine commitment in working together to progress the areas of focus above and help improve the lives of Shropshire people. Combining as a system to deliver upstream actions helps to make best use of resources in terms of, human - the skills mix and experience of its members, monetary - through prevention of disease and ill-health, and linking projects together to strengthen impact and avoidance of duplication of work.

Recommendations

- The HWBB are asked to note the contents of this report, and the work taking place to help progress the Shropshire HWBB priorities.

- The November Healthy Lives report highlighted that there are different translation services across the system, but it isn't clear what these are, and how people using the services would be able to access. Information for people who do not speak English as a first language in general, is also sporadic.
A full report with recommendations will come to a future HWBB meeting. In the meantime, the Board is asked to note that leadership for this work will be needed and thus remains an ongoing risk for the Board to consider.

Report

This paper provides a brief update on Healthy Lives Steering Group activity, following the last report to the Board in November 2022. This is tabulated for ease of reading.

Related HWBB priority/ies	Partner update	Outcome and action/s
Food Poverty Health Inequalities Joined up working Mental Health	<p>Shropshire Food Poverty Alliance (SFPA) provided a comprehensive update on their work, and group discussion followed afterwards.</p> <p>Key updates included: communication and outreach taking place; examples of work happening through great partnerships with local organisations and the sobering fact that all foodbanks are currently delivering at a record level.</p> <p>There are good links with Mental Health, (MH) with support in some foodbanks, with one MH practitioner working in Shrewsbury, 3 MH Practitioners linking up in the north of the county and 1 in the south.</p>	<p>Partners were reminded to publicise the cost-of-living website and the Worrying about money leaflets, which have been updated and over 30,000 distributed.</p> <p>The Steering Group was asked to share any advice or information they feel is helpful for the SFPA including SFPA's bid applications</p> <p>A request to influence greater membership from more health colleagues on the Food Poverty Steering Group, as this is currently a gap. Challenges on staff time to attend are recognised, however.</p> <p>Reported by MPFT that as part of Community MH transformation, debt and housing advisers are linking into mental health.</p> <p>This group was advised that health representation on the Healthy Lives Steering Group had been requested at the November HWBB meeting, both within the paper and verbally.</p> <p>An outcome of the meeting is that Health partner Board members have agreed to actively pursue this.</p> <p>The links to hunger and trauma were also cited, and attention to a new report "hunger trauma" was raised.</p>
Healthy Weight and Physical Activity Health Inequalities	<p>Public Health are gathering evidence around the determinants of healthy weight, looking at local data and assets available to help people maintain a healthy weight, and undertaking community and stakeholder engagement through surveys and direct face to face</p>	<p>Members to please complete and share the survey to groups and local communities. https://www.surveymonkey.co.uk/r/HealthyWeightPublic https://www.surveymonkey.co.uk/r/HealthyWeightStakeholders</p>

<p>Joined up working</p>	<p>conversations with colleagues across the system. Responses to the Public and Stakeholder survey are being analysed alongside engagement feedback and gathered evidence to inform Shropshire's forthcoming draft Healthier Weight Strategy which will be further consulted on.</p> <p>Presentation was made to the HWBB in November.</p> <p>Emerging findings will be shared at a future meeting.</p>		
<p>Health Inequalities</p> <p>Joined up working</p>	<p>Marches Energy Agency (MEA) reported that demand for their services continues to increase and as a result they have increased their staff.</p>	<p>Group feedback requested on usefulness/ease of on-line forms for the community.</p>	
<p>Healthy Weight and Physical Activity</p> <p>Joined up working</p>	<p>Energize will be providing a full update at the January '23 meeting, but provided a brief update, and drew attention to their website.</p>		
<p>Health Inequalities</p> <p>Improving Population Health</p> <p>Joined up working</p> <p>Children & Young People</p> <p>Workforce</p>	<p><u>Shropshire Libraries</u> A Human Library equality and diversity training event for NHS Telford and Shrewsbury Hospital staff was run by the Human Library Organisation.</p> <p>The Human Library ® is, in the true sense of the word, a library of people. Events are hosted where readers can borrow human beings serving as open books and have conversations they would not normally have access to. Every human book from a bookshelf, represent a group in our society that is often subjected to prejudice, stigmatization or discrimination because of their lifestyle, diagnosis, belief, disability, social status, ethnic origin etc. A Mini human library event is taking place in Stoke Heath prison.</p> <p>Other work includes; Grief Awareness Week - highlighting library resources, Online fraud/ financial fitness/ banking beyond the branch etc -giving support around debt.</p> <p>In terms of Children and Young People, training for Rhyme Time called 'Storycises' has taken place. The focus is on Foundation Strength and Co-ordination – which is hugely beneficial to children with Asthma.</p>	<p>"Your Health Admin" is where library staff show residents what health NHS resources are available online and how to download the NHS app. It also gives the public the ability and knowledge of how to contact medical practices digitally. There have not been many referrals from GPs as yet, and the information will be re-publicised as a reminder.</p>	

	Improving literacy is key to reducing Health Inequalities – a key strand is encouraging Reading for Pleasure through increasing up-take of the Summer Reading Challenge. Figures just in show Shropshire Libraries have the joint highest uptake in the West Midlands regions and have the highest percentage of boys taking part.	
Health Inequalities Joined up working Workforce	Culture, Tourism and Leisure reported that staff have undertaken SEND training, which includes understanding autism. £500k has been secured – supporting young people and underrepresented audiences within museums and arts.	Steering Group advise Culture, Tourism and of any December activities, including those for people with SEND.

Future meetings will include a JSNA presentation to enable greater understanding for Steering Group members, and at the January meeting there will be an Energize update, Social Taskforce Action Plan update, and information on the Winter Support Plan

Risk assessment and opportunities appraisal (NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)	The November Healthy Lives report highlighted that there are different translation services across the system, but it isn't clear what these are, and how people using the services would be able to access. Information for people who do not speak English as a first language in general is also sporadic, and a fuller report with recommendations will come to a future HWBB meeting. The Board is asked to note that leadership for this work will be needed and is still a risk for the Board to discuss.	
Financial implications (Any financial implications of note)	There are no financial implications identified in this update report	
Climate Change Appraisal as applicable	Not applicable for this report.	
Where else has the paper been presented?	System Partnership Boards	
	Voluntary Sector	
	Other	

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

None

Cabinet Member (Portfolio Holder) or your organisational lead e.g. Exec lead or Non-Exec/Clinical Lead (List of Council Portfolio holders can be found at this link:

<https://shropshire.gov.uk/committee-services/mgCommitteeDetails.aspx?ID=130>)

Cllr. Cecilia Motley, Portfolio holder for Adult Social Care, Public Health and Communities

Appendices

None