



SHROPSHIRE HEALTH AND WELLBEING BOARD Report

Meeting Date	15th June 2023			
Title of report	Healthy Lives Update			
This report is for (You will have been advised which applies)	Discussion and agreement of recommendations		Approval of recommendations (With discussion by exception)	Information only (No recommendations) x
Reporting Officer & email	Anne-Marie Speke Health Improvement and Health Protection Operational Lead, Shropshire Council anne-marie.speke@shropshire.gov.uk			
Which Joint Health & Wellbeing Strategy priorities does this report address? Please tick all that apply	Children & Young People	x	Joined up working	x
	Mental Health	x	Improving Population Health	x
	Healthy Weight & Physical Activity	x	Working with and building strong and vibrant communities	x
	Workforce	x	Reduce inequalities (see below)	x
What inequalities does this report address?	Addressing inequalities is integral to the Healthy Lives Programme and is reflected in all work programmes.			

Report content - Please expand content under these headings or attach your report ensuring the three headings are included.

1. Executive Summary

This paper provides a brief update on Healthy Lives, which is the prevention programme of the Health and Wellbeing Board (HWBB). It summarises update reports which have come to the Healthy Lives meeting, and outcomes and actions from the discussions.

Healthy Lives has a focus on preventative health, which is key to stopping people becoming ill in the first place, or helping people manage their health condition and stop it from getting worse. Evidence base is used in all work.

Shropshire, Telford & Wrekin Integrated Care System (STW ICS), Shropshire Integrated Place Partnership (ShIPP) and Healthy Lives have several shared priorities, and Healthy Lives is the delivery arm of the HWBB and ShIPP, where partners come together to ensure the Joint HWB strategy is implemented. These preventative programmes include Social Prescribing, Healthy Weight and Physical Activity, food insecurity, Trauma Informed Approach, Mental Health, Killed and Seriously Injured (KSI) on Roads and Health Inequalities.

Access to health information for people who do not speak English as a first language is also a recent addition for an area of focus.

The Healthy Lives steering group meetings, which are held monthly, are not just a forum for providing updates. All members demonstrate genuine commitment in working together to progress the areas of focus above and help improve the lives of Shropshire people. Combining as a system to deliver upstream actions helps to make best use of resources in terms of, human - the skills mix and experience of its members, monetary - through prevention of disease and ill-health, and linking projects together to strengthen impact and avoidance of duplication of work.

2. Recommendations (Not required for 'information only' reports)


The HWBB are asked to note the contents of this report, and the work taking place to help progress the Shropshire HWBB priorities.

3. Report

Anne-Marie Speke, Health Improvement and Health Protection Operational Lead, has recently taken over as interim Chair of the Healthy Lives Steering Group. This interim arrangement is in place whilst recruitment is being undertaken both for a Consultant in Public Health / Head of Service and also the Health and Wellbeing Strategic Manager posts.

This paper provides a brief update on Healthy Lives Steering Group activity, following the last report to the Board in April 2023 This is tabulated for ease of reading.

Related HWBB priority/ies	Partner Update	Outcomes and action/s
Health Inequalities and Improving Population Health	<p><u>“Your Health Admin”</u> is where library staff show residents what health NHS resources are available online and how to download the NHS app. It also gives the public the ability and knowledge of how to contact medical practices digitally. There have not been many referrals from GPs as yet, and the information will be re-publicised as a reminder and on portal set up by HLSG NHSSTW member. An overview of the pilot was shared with the group and a demonstration of the Your Health Admin digital tool. It was noted that in Shropshire there is a low level of health literacy There have been 14 staff trained with a focus in critical thinking, NHS websites, NHS app and local GP services. The sessions have now been completed and are awaiting decisions re next steps.</p>	<p>Members of group to share information with their teams. To await outcome of next steps conversations.</p>
Joined up working and reducing inequalities	<p><u>Shropshire Safeguarding Partnership Board structure</u> An update was given regarding the recent structure changes for the Shropshire Safeguarding Partnership Boards.</p>	<p>Structure chart was circulated. It was agreed that learning briefing from case reviews would be shared as a regular item with members of the group for information and action as required. All partners to speak to line managers to see where and how the case review briefings are shared with teams. Individuals to access the Shropshire Safeguarding Community Partnership website to access current information and learning briefings.</p>
Children and Young People/ Improving population health and reducing health inequalities.	<p><u>Youth Vaping</u> An update regarding Youth Vaping was given to the group. Before Christmas expressions of concern were raised around the growth in vaping amongst</p>	<p>Partners to provide feedback on posters and what they would like to see in other communications. To provide feedback on online survey.</p>

	<p>young people. There is a local and national concern around the mixed messages in relation to vaping. A task and finish group has been set up to look at actions required.</p> <p>A position statement has been developed and been signed off by Tanya Miles (Executive Director for People), Rachel Robinson (Director for Health Wellbeing and Prevention), and the ICS chief medical officer</p>  <p>Shropshire Position Statement on Undera</p> <p>Next steps</p> <p>To develop key messages for professionals, partner organisations, general public and parents.</p> <p>To develop communications including posters for CYP. These will be coproduced to ensure that the voice of the young person is captured.</p> <p>To develop an online survey re vaping for CYP</p> <p>:</p>	<p>Partners to consider attending the task and finish group. The group to consider how best to present the findings of an online survey. Where will it be most impactful?</p>
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<p>Risk assessment and opportunities appraisal (NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)</p>	<p>Anne-Marie Speke, Health Improvement and Health Protection Operational Lead, has recently taken over as interim Chair of the Healthy Lives Steering Group. This interim arrangement is in place whilst recruitment is being undertaken both for a Consultant in Public Health / Head of Service and also the Health and Wellbeing Strategic Manager posts.</p>	
<p>Financial implications (Any financial implications of note)</p>	<p>There are no financial implications identified in this update</p>	
<p>Climate Change Appraisal as applicable</p>	<p>Not applicable</p>	
<p>Where else has the paper been presented?</p>	<p>System Partnership Boards</p>	
	<p>Voluntary Sector</p>	
	<p>Other</p>	
<p>List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)</p>		
<p>Cabinet Member (Portfolio Holder) Portfolio holders can be found here or your organisational lead e.g., Exec lead or Non-Exec/Clinical Lead Cllr. Cecilia Motley, Portfolio Holder for Adult Social Care, Public Health and Communities</p>		