



**Notes – ‘Making it Real’: Central Advisory Group (CAG) Meeting  
Monday 11<sup>th</sup> November 2019 at Shirehall, Shrewsbury (11:00am – 12:30pm)**

**Present:** Ron Farr – Carer & expert by experience / Sue Farr – Carer & expert by experience / Sue Stewart – Carer & expert by experience / Jon Hancock – Expert by Experience & MiR Board member / Jackie Davies – Social Care Practitioner / Barry Hutchinson – SW Senior Practitioner / Sarah Thomas – PACC / Michelle Evans – Taking Part / Alison Massey – CCG / Ness Hicken – Community Partnerships / Stewart Smith – Development Officer

**Apologies:** Kat Slade – Carer & expert by experience / Ann Williams – Rethink Carers Group / Sue Bunker - Central Social Work Team Manager / Dean Carroll – Councillor with portfolio for ASC / Margarete Davies – ASC Carers Lead

Agenda	Notes	Actions
1	<b>Welcome &amp; matters arising from the last meeting.</b> All matters covered here.	
2	<p><b>Falls Prevention and Bone Health Strategy, and the work of the Falls Therapy Service – Alison Massey (CCG)</b></p> <p>AM explained that lots of work goes on to support people around falls prevention but that it’s not always joined up. The developing strategy considers questions such as - Who are the people to be contacted? How are falls best prevented? How is confidence best regained after a fall? AM highlighted that this is a question of frailty and not just age, although the nature of Shropshire’s ageing population is an important consideration.</p> <p>The Strategy’s goal is that people will be able to grow old well and the county will have the lowest levels of falls in the country.</p> <p>Discussion raised important points about the importance of conversations with individuals, families and carers.</p> <p>There is a need to make sure that every conversation counts and gives people correct up-to-date information as well as ideas about the best ways of keeping active and independent.</p>	<p><b>Action:</b> See associated slides presented by AM.</p> <p><b>AM to share the draft strategy.</b></p>

	<p>Hospitals and community staff need to make sure that correct information is given and taken. If this is not done appropriately then extra pressure lands on the individual, families and carers.</p> <p>The need for strong relationships between the hospital staff and community-based staff was emphasised. A big push of the Strategy is to ensure that good communication highlights skills, opportunities and knowledge to help others. Any strategy or redesign of services needs to stress how we work with anyone across sectors whether they be health, social care, housing, voluntary sector, local community, family, carers and friends.</p> <p>What does this mean to all citizens? The strategy will aim to ensure that any health or care professional will do something about falls, whether that is direct health support through to advice and guidance, possibly providing contacts or referrals to falls support provision in each community.</p> <p>See associated slides presented by AM – Shropshire Telford and Wrekin, Falls Prevention and Bone Health Strategy 2019–2022.</p> <p>Requested personal contact - AM to follow up contact with RF &amp; SF about a recent fall.</p>	
3	<p><b>Experts by Experience and the work of MiR this year</b></p> <p>The latest draft of the document 'Your Guide to being an Expert by Experience' was displayed. We are hoping to publish the document early in 2020 with a yearly review to be put in place.</p>	<p><b>Action:</b> <b>Document to be published early 2020</b></p>
4	<p><b>Launch of TEC Hub at Age UK unit in the Riverside shopping Centre</b></p> <p>Information about the launch of the Hub was distributed, giving date and time plus contact details for James Warman (Assistive Technology &amp; Telecare Co-ordinator, Housing Services) <b>james.warman@shropshire.gov.uk</b></p>	<p><b>Action: Further information available from JW – see contact details</b></p>
5	<p><b>AOB:</b> A question was raised about safety concerns with the roll out of 5G broadband across our cities and towns. Although no answer was given, the linked BBC News item gives background to the national discussions going on at present. <a href="https://www.bbc.co.uk/news/world-europe-48616174">https://www.bbc.co.uk/news/world-europe-48616174</a></p>	
6	<p>The date of the next meeting is: <b>Monday 24<sup>th</sup> February 2020</b> (11am – 12.30pm) – Wenlock Room, Shirehall SY2 6ND</p>	