# Shropshire Help directory during COVID-19

February 2022

# Work, skills and money



### Shropshire Help directory during COVID-19

#### Work, skills and money

This short information guide is for anyone who is worried about their job or who needs adviceon finances and benefits, help to get into work or to learn new skills for new work opportunities.

For other information and advice, specifically around Covid, from what to do, to looking after your wellbeing and the financial help available, see our advice pages here:

https://www.shropshire.gov.uk/coronavirus/





		Who can help	What's on offer	Contact
Help for businesses	Advice, funding, skills, opportunities	Gov uk: Get help and support for your business	Advice and financial support, help with tax, exporting, business plan writing	<u>https://www.gov.uk/</u> <u>business-support-helpline</u>
		Marches Local Enterprise Partnership	Business support, access to finances	<u>https://www.marcheslep.</u> org.uk/ 01743 426026
		Local help: Marches Growth Hub	Advice and support, finance and funding, skills and training, events and networking, export opportunities	<u>www.marchesgrowthhub.</u> <u>co.uk</u> 01743 250526
		Shropshire Council Business Rates	Rates, relief and exemptions	https://shropshire.gov.uk/ business-rates/ 0345 678 9002
Apprenticeships for businesses	Advice, funding, new skills	Government apprenticeships Kick Start	Supported finance for apprentices funding to employers to	https://www.gov.uk/ guidance/incentive- payments-for-hiring-a-new- apprentice_
			create job placements for 16 to 24 year olds on Universal Credit.	<u>https://www.gov.uk/</u> government/collections/ <u>kickstart-scheme</u>

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Job loss	Find out about your rights on leaving work.	Gov uk	Employees rights	<u>https://www.gov.uk/</u> <u>browse/working/redundan-</u> <u>cies-dismissals</u>
		ACAS	Employer and employee guide to redundancy	<u>https://www.acas.org.uk/</u> <u>redundancy</u> 0300 123 1100
	Find out about benefits to support you	Website: Citizen's Advice	Benefit information and guidance including Universal Credit	<u>https://www.citizensadvice.</u> org.uk/benefits/_ 03444 99 11 00
		Website: Money Advice Service.	Benefit information and guidance including Universal Credit	<u>https://www.moneyadvice- service.org.uk/en/catego- ries/benefits</u> 0800 138 7777
	Personal benefit checker	Shropshire Council	Online benefit entitlement checker	<u>https://www.shropshire.</u> gov.uk/benefits/what- <u>could-affect-my-benefits/</u> <u>universal-credit/</u>
		Local help and advice: Citizen's Advice Shropshire	Work, debt and money advice, advice on benefits	<u>https://www.cabshropshire.</u> org.uk/_ 03444 99 11 00
		Shropshire Council Revenues and Benefits	Help with Council Tax for people on low incomes. Follow the link to find out which benefit you should claim. Online claim	<u>https://www.shropshire.</u> gov.uk/benefits/apply-for- housing-benefit-or-council- tax-support/ 0345 678 9002
			application process	

		Who can help	What's on offer	Contact
Keeping your home	Financial help and advice to keep your home What to do if you can't keep up payments	Shropshire Council Revenues and Benefits	Housing Benefit to help people on low incomes pay their rent. Most working age people need to claim Universal Credit instead and will not be able to get Housing Benefit as well. Online claim process	https://www.shropshire. gov.uk/benefits/apply-for- housing-benefit-or-council- tax-support/ 0345 678 9002
	Help if you face eviction	Shropshire Council Revenues and Benefits	Discretionary Housing Payments may be able to help if your benefits do not meet your full rent.	https://www.shropshire. gov.uk/benefits/what- help-can-i-claim-from-the- council/discretionary-hous- ing-payments/ 0345 678 9002
		Shelter	Advice and your rights	https://england.shelter.org. uk/get_help_ 0808 800 4444
		Citizen's Advice	Online housing and other advice plus an urgent helpline	https://www.citizensadvice. org.uk/housing/ 03444 99 11 00
		Shropshire Council Housing Options	Housing advice and your rights Online advice tools, support around homelessness and prevention	https://shropshire.gov.uk/ housing-options-and-home- lessness/ 0345 678 9005

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Financial crisis	If you need help to meet your essen- tial living costs	Shropshire Council Welfare Support Team	Small emergency discretionary funding grants for people in hardship	https://www.shropshire. gov.uk/shropshire-council/ welfare-support-team-lo- cal-welfare-provision/ 0345 678 9078
Debt and money advice	Control what happens about the money you owe	Money Advice Service	Free and impartial money advice set up by government	<u>www.moneyadviceservice.</u> org.uk 0300 500 5000
		Step change	Free debt advice and practical help	www.stepchange.org.uk_ 0800 138 1111
		Website: Citizen's Advice	Online advice and guides for dealing with your debts	<u>www.adviceguide.org.uk</u>
		Local help: Citizens Advice Shropshire	Locally based phone advice and help	<u>www.cabshropshire.org.uk</u> 08444 99 11 00
		National Debtline Coronavirus hub	Coronavirus and your money. The latest information on the help that is available.	<u>www.nationaldebtline.org/</u> <u>coronavirus-hub-ew/</u>
		Christians Against Poverty	Free debt counselling supported by a local debt coach. Money Course covering how to organise your finances, budgeting and saving.	<u>https://capuk.org</u> enter your postcode where stated and click on 'Get help' 0800 328 0006

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Wellbeing – looking after yourself and your family	Mental health support	Local help: Directo- ry of local mental health and wellbeing support. 24/7 mental health services	Emotional Wellbeing support agencies offering a range of help	www.shropshire.gov.uk/me- dia/15345/mental-health- useful-contacts-with-links- june-2020.pdf_ http://www.shropshire.gov. uk/disability-information/ mental-health/ http://www.shropshire.gov. uk/media/14773/mental- health-guide-may20-final- rev.pdf
	Mental Health crisis	Websites: Together all	Supported online wellbe- ing community for 16+. Free access for Shropshire residents	www.togetherall.com
		NHS Mental Health Service	Single point of contact for all adult mental health services	0808 196 4501
	Mental Health crisis	Pick up the Phone, you are not alone	Who to call if you, or someone you know, is in crisis or feeling suicidal	<u>https://shropshire.gov.uk/</u> <u>media/13319/pick-up-the-</u> <u>phone-you-are-not-alone.</u> <u>pdf</u>



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Help to find work	Support to seek and apply for jobs	Jobcentre Plus	Access to advice, training and help to find work if you are registered unem- ployed or claiming benefit	<u>https://www.gov.uk/con-</u> <u>tact-jobcentre-plus</u>
		Enable Employment Services	Enable is Shropshire Council's service helping unemployed people across Shropshire to find a job plus supporting them in that employment. A range of programmes is available, including specialist help for people with mental health issues, disabilities and for young people.	https://enableservices. co.uk/ 01743 276900
		National Careers Service	Advice and guidance on learning, training and work	<u>https://nationalcareers.</u> <u>service.gov.uk/</u> 0800 100900
		Shropshire youth information, advice and guidance	Independent advice and guidance for young people not in Education, employment or training	https://shropshire.gov.uk/ early-help/practitioners/ the-early-help-offer-provi- sion-of-early-help-services/ shropshire-youth-s-informa- tion-advice-and-guidance-
				iag/

Who can help	What's on offer	Contact
Gov.uk – working, jobs and pensions		https://www.gov.uk/find-a-job https://www.gov.uk/browse/ working/finding-job
Royal British Legion	Career advice before during and after time in the Armed Forces	https://www.britishlegion. org.uk/get-support/finan- cial-and-employment-support
Online job sites	Details of local and na- tional jobs plus advice, online templates and tips to help you apply	<u>www.reed.co.uk</u> <u>www.totaljobs.com</u> <u>www.jobsite.co.uk</u> <u>www.starjobsearch.co.uk</u> <u>www.indeed.co.uk</u> <u>www.fish4.co.uk</u>
Gov uk	Apprenticeships	https://www.apprenticeships. gov.uk https://www.gov.uk/appren- ticeships-guide
County Training	Apprenticeship offered in Shropshire	https://www.ctapprentice- ships.co.uk/information/59f- 85b8e65bbf/About-Us
Shrewsbury Colleges	Apprenticeship offered in Shropshire	<u>https://www.scg.ac.uk/ap-</u> prenticeships

			Who can help	What's on offer	Contact
			Online job sites	Search apprenticeship jobs in Shropshire	https://www.indeed.co.uk/jobs?q=Ap- prentice&l=Shropshire&radius=0 https://www.getmyfirstjob.co.uk/Discov- er/InYourArea/Details/Shropshire https://www.totaljobs.com/jobs/appren- ticeship/in-shropshire
-		Work out your in- work income	Online better off in work calculator	Easy to use online calculator helps you see overall work in- come and entitlements	https://www.shropshire.gov.uk/benefits/ what-could-affect-my-benefits/univer- sal-credit/
	Interview tips		Online job sites	A range of advice on how to prepare for a job interview, research and how to answer questions	https://www.indeed.co.uk/career-advice/in- terviewing/job-interview-tips-how-to-make- a-great-impression https://www.reed.co.uk/career-advice/in- terview-techniques/job-interview-tips/ https://www.cv-library.co.uk/career-advice/ interviews/job-interview-tips-complete- guide/ https://www.thebalancecareers.com/top-in- terview-tips-2058577 https://www.monster.co.uk/career-advice/ article/how-do-i-prepare-for-a-job-interview https://jobs.telegraph.co.uk/arti- cle/50-best-interview-tips/

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	Gov uk	Skills bootcamps	https://www.gov.uk/government/publica- tions/find-a-skills-bootcamp/list-of-skills- bootcamps
	Dimensions Training Solutions	Dedicated skills support for redundancy. 60 qualifications available, training is free, self-referral or via employer or Jobcentre	https://atlasedtech.com/learnwithus/
	Shropshire and surrounding colleges	Range of full and part-time courses	https://www.nsc.ac.uk/ 0800 440228 www.scg.ac.uk 01743 342342/235491 www.ludlow-college.ac.uk 0800 0321986 https://www.telfordcollege.ac.uk/princi- pal/ 01952 642200 https://www.reaseheath.ac.uk/_01270 635131 https://www.ccsw.ac.uk/ 01270 654654 https://nscg.ac.uk/newcastle-campus 01785 223800
	Student Finance England	Advanced Learner loans for higher education	https://www.practitioners.slc.co.uk/prod- ucts/further-education/advanced-learn- er-loan/whats-available/

ski	Online computer kills	Learn my way	Basic online and	
			computer skills	<u>www.learnmyway.com</u>
Vo	olunteering/	Online sites	Local and national volunteering jobs available	https://www.shropshirelive.com/ tag/volunteer/ www.charityjob.co.uk https://www.indeed.co.uk/Volun- teer-jobs-in-Shropshire
<b>self-employed</b> he	advice, practical elp, finances and upport	Gov.uk	Advice, practical help and funding for starting or running your own business	https://www.gov.uk/moving- from-benefits-to-work/starting- your-own-business
	Vhat happens to enefits	Gov.uk	Advice on moving from benefits to work.	<u>https://www.gov.uk/moving-</u> <u>from-benefits-to-work</u>
		Local help: Jobcentre Plus Job coaches.	Advice, discretionary grants	<u>https://www.turn2us.org.uk/</u> <u>Your-Situation/Looking-for-work/</u> <u>Flexible-Support-Fund</u>
Fir	-	Shropshire Childcare Finder	Shropshire Childcare Directory	https://www.shropshire.gov. uk/early-years-and-childcare/ parents-and-carers/shrop- shire-family-information-ser- vice-0-19-years/

	Who can help	What's on offer	Contact
	Gov uk, help with childcare guide	What qualifies and help to pay	https://www.gov.uk/child- care-calculator?step-by-step- nav=f237ec8e-e82c-4ffa-8fba- 2a88a739783b
	Shropshire Council Welfare Support Team	Small grants to sup- port move into work	https://www.shropshire.gov.uk/ shropshire-council/welfare-sup- port-team-local-welfare-provi- sion/ 0345 678 9078
	Access to Work if you have a disability	Dept. for Work & Pensions	<u>https://www.gov.uk/access-to-</u> <u>work</u>
	Community Council of Shropshire	Wheels 2 work scheme	<u>https://www.shropshire-rcc.org.</u> <u>uk/individuals/wheels-to-work</u> 01743 360641

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Accessibility – if you can read this but know someone who can't, please contact us on 0345 678 9000 so we can provide this information in a more suitable format.



