## Join the Shropshire Community Connectors Network

Regular network meetings are held in localities across the county to offer the opportunity for community groups to connect with each other and be better informed about local services. Contact your local Community Development Officer for more information.

To hear about local services and promote your community group via the virtual version of the network, sign up to the weekly e-bulletin by emailing:

ccnupdates@qube-oca.org.uk

# Need extra support for your community group?

The Shropshire Infrastructure Team offer voluntary & community support, providing free advice and guidance to local charitable groups and organisations. They can support you with the following:

#### - Advice and guidance

- Training
- Grants and funding promotion
  - Volunteer brokerage

For more information & to access support head to the Community Resource website or scan here:



## **Shropshire Local Directory**

The Shropshire Local Directory gives information on support organisations in the towns and villages in Shropshire.

Promote your group on this searchable database, helping people across the county to access your services.

Sign up to register your community group today. Head to shropshire-directory.co.uk or scan here:



Need any help? Email shropshiredirectory@qube-oca.org.uk



## Do you offer a community group or service?

Access free support through the Shropshire Community Connectors Network.

Discover opportunities to offer your services through social prescribing.



NHS Shropshire

## What is Social Prescribing?

Social Prescribing is similar to a prescription for medicine but is a non-clinical approach. It supports people to access community services to help improve their health and well being.

Patients meet with a trained Healthy Lives Advisor, who will signpost to community groups, such as yours, and support the patient as they are referred to activities.

#### What are the benefits of becoming an accredited Social Prescribing provider?

- Free publicity for your activities via our networks & Shropshire Local Directory
- Your services can be more widely available to those who can benefit from accessing it
  - Networking with other social prescribing providers
- Follow up and support for referred patients by the Healthy Lives Advisor

For more information please visit

#### Social Prescribing in Shropshire



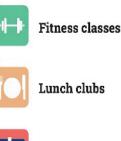
### What happens if my group wants to become an accredited Social Prescribing offer?

Contact your local Community Development Officer who will arrange a discussion around the support available. This will include how a referral takes place and guidance through the process.

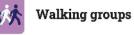
Once your group is signed up to become an accredited social prescription you will feature on the Shropshire Local Directory, where you can showcase how you support your community.

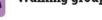
You will then begin to receive referrals through the Healthy Lives Advisors, as people are signposted to your services.

Some examples of social prescriptions include:



**Employment support** 









Housing advice

## **Contact your local Community Development Officer for a chat** about how we can help

Give us a call or send an email enquiry with the reference Social Prescribing

North Shropshire: Qube

Email: info@gube-oca.org.uk

Phone: 01691 656882

#### Shrewsbury and Surrounds:

Community Resource Email: enquiries@community-resource.org.uk Phone: 01743 360641

South East Shropshire: Community Resource Email: enquiries@community-resource.org.uk Phone: 01743 360641

South West Shropshire: Hands Together Ludlow Email: general.admin@handstogetherludlow.org.uk Phone: 01584 817250



