# Dear Ukrainian neighbours, guests, hosts, volunteers and supporters (Ukrainian version attached)

As we are fast approaching Christmas, we have some reminders about the Pantomime on Sunday 17<sup>th</sup> December, the Christmas Party at Bitterley Village Hall on Friday 22<sup>nd</sup> December and a new event on Saturday 16<sup>th</sup> December. This is a bring and buy sale organised by Iryna and Oksana. The proceeds will go to a Ukraine charity.

Our December is fairly full with quite a number of events planned for the festive season, as follows:

1. Christmas Pantomime – Snow White and the Seven Dwarfs & 💩 💩 & 💩 Ludlow Assembly Rooms Sunday 17<sup>th</sup> December Arrive at 11.30 am .

For those of you who have booked Pantomime tickets through the support group, please can you arrive at the Assembly Rooms in Ludlow at 11.35. The Pantomime starts at 12.00noon, but we need to issue you with tokens for a soft drink and a snack, **before you go into the theatre**. **Peter Higgins, Oksana and myself** will be at the entrance to greet you, issue your tokens and help you locate the pre booked seats. If you are no longer available to go to the pantomime please let me know so we can re allocate the tickets.

- 2. NEW On Saturday 16<sup>th</sup> December from 10.00am to 3.00pm at the Quakers Meeting House, Iryna and Oksana will be organising a bring and buy sale, this will be a charity event for Ukraine. All families can take part and bring something to sell, including toys and cakes and biscuits. The children will be selling the items for £1.00. Iryna and Oksana will prepare flyers and distribute locally. Please contact Iryna or Oksana for further information. Tea, coffee and soft drinks and snacks will be available, and children's games.

Father Christmas will pay us a visit and give every child a present, if you would like your son or daughter to receive a present please can you send to me or Oksana, their name, age and gender, so we can buy an age specific present.

Please arrive from 5.30 pm , Father Christmas will arrive from 6.00pm .

Please bring a main course dish to share, and please leave a note by the dish if its vegetarian, vegan or Gluten free etc. There is limited space to reheat food. We will provide nibbles, and Trifle and traditional Christmas pudding with custard for desert.

Further details will be given in the December newsletter. There is not a bar so please bring your own beer/wine/soft drinks. We will provide tea and coffee and orange juice and squash for the children.

All families, volunteers and supporters are most welcome to attend what will be a fun and enjoyable event for all.

# 5. English Assessments and English Language lessons (all levels)

Our final English lesson of 2023 will be held on Thursday 23<sup>rd</sup> December and re-start in the new year on Tuesday 5<sup>th</sup> January 2024.

Please remember that students are very welcome to attend lessons more than once per week, in Ludlow, please contact Jacki Moore if you are interested in lessons. Contact details for Jacki below.

English Lessons are held at Quakers Meeting House (QMH) St Marys Lane, Ludlow SY8 1DZ

Tuesday mornings 10-11.30am – Wednesday evening 6.00-7.30 pm Thursday afternoon 1.30-3.00 pm

#### 6. Yoga for ladies Thursday evening – 6.00-7.00

Yoga classes have started on Thursday evenings , from 6.00pm to 7.00pm .They are run by Iryna who is an experienced Yoga teacher. The classes are aimed at adults, and beginners are very welcome. This is open to all Ukrainians, volunteers, supporters and hosts. It will be free of charge . Venue will be the Quakers Meeting House, unless notified of a change of venue by Iryna. If you are interested, please contact Iryna or Erica (emails below) Our last lesson for 2022 will be held on Thursday 21st December and re start on Thursday 4th January

## 7. In the New Year we will be organising:

- A Food Hygiene Certificate course ( with an interpreter)
- First Aid Courses (with an interpreter)
- Wellbeing sessions

These will be free to all Ukrainians and volunteers, more details about these sessions in the new year.

### 8. We will continue to support with helping find:

Work, Alison Toulson from the Enable Service is available to help people find work, or to discuss changing jobs or find a different role. Alison will be at the Quaker meeting house on the 1<sup>st</sup> Saturday of each month. A QR code is attached which gives access to an application form, that you can submit directly to Alison who can start supporting you very quickly with job search in your area.

The Saturday sessions for 2024 are as follows:

Saturday January 6th 3-5pm (Alison Toulson will be available for support with finding work)

Saturday February 3<sup>rd</sup> 3-5 pm (Alison Toulson will be available for support with finding work)

Saturday March 2<sup>nd</sup> 3-5 pm(Alison Toulson will be available for support with finding work)

- Furniture and household goods, we have a store of household items please do say if you need any kitchen or bedding an beds, chairs, sofas. We may be able to help with white goods
- **Help to move** we can help you move to your new house or flat, provide volunteer help with transport and hiring a van . (Contact Erica for further details)

## 9. For contact anytime throughout the week –

- Erica's contact details are mobile 07974001310 or email ericagarner@hotmail.co.uk (Please contact for all queries, except English assessments, lessons, homework club, and exams)
- 2. **Jacki's contact details are** mobile 07929656545 or email <u>jackiamoore@gmail.com</u>. For all queries relating to English lessons, assessments, homework club, and exams.
- 3. **Peter Higgins** if you require help with transport. mobile 07757989708 or email refugeesludlow@gmail.com
- 4. **Oksana Kholevytska Yaremko** will help with any general or specific queries, if she is not able to answer them directly Oksana will refer on to other people, or agencies where appropriate, mobile 07786041678 or +380953801277 or email so369369@gmail.com
- 5. **Iryna Ivanik,** for all queries relating to school holiday camps, children's activities, contact mobile 07438027943 or email <a href="mailto:ivanik">ivanik</a> irina@ukr.net

Contact us via facebook – Ludlow Refugee Support Group https://www.facebook.com/groups/1239189220242149/?ref=share\_group\_link&exp=7ffb

Erica, Jacki, and Oksana will be at the Meeting House on the first Saturday of the month, and are always available for contact every day by either phone, text or email, they can meet you in person at the Meeting House or other venues most days of the week.

We wish all of our Ukrainian neighbours, volunteers and supporters a very happy Christmas and a peaceful new year

Please do make contact at any time if we can help in any way. Erica 07974001310